TABLES

Table 1. Definitions of Specific Dissociative Symptoms

Symptom	Definition
Amnesia	A specific and significant block of time that has passed but that cannot be accounted for by memory
Depersonalization	Detachment from one's self, e.g., a sense of looking at one's self as if one is an outsider
Derealization	A feeling that one's surroundings are strange or unreal. Often involves previously familiar people
Identity Confusion	Subjective feelings of uncertainty, puzzlement, or conflict about one's identity
Identity Alteration	Objective behavior indicating the assumption of different identities or ego states, much more distinct than different roles

(Summarized from Steinberg, 1994, pp. 18-22)

Table 2. Responses to Question 2 of Additional Interview Questions (Amnesia)

What would you think of university students who describe having experiences such as large gaps in their memory who go through hours or days that cannot be accounted for, or who have difficulty remembering to do their daily activities? (n = 60)

Category	Frequ	uency
Normal	10	(17%)
Stress, unable to concentrate	16	(27%)
Abnormal	5	(8%)
Abnormal if too frequent/extreme	6	(10%)
Forgetful/poor memory	6	(10%)
Bad experiences from past/trauma	6	(10%)
Psychological problem	11	(18%)

Table 3. Responses to Question 4 of Additional Interview Questions (Amnesia)

Would you consider these experiences normal or abnormal (i.e., large gaps in their memory, hours or days that couldn't be accounted for, or difficulty remembering to do their daily activities)? (n = 60)

Category	F	re	quency
Normal	1	8	(30%)
Normal, just different		4	(7%)
Due to stress	:	2	(3%)
Abnormal	1	6	(27%)
Abnormal if too frequent/extreme	1	7	(28%)
Uncertain	;	2	(3%)
No answer		1	(2%)

Table 4. Terms for Amnesia in Filipino Languages

Are there any terms in your language that describe such experiences (i.e., large gaps in their memory, hours or days that couldn't be accounted for, or difficulty remembering to do their daily activities)?

ROOT/ CONCEPT	LANGUAGE	DEFINITIONS AND VARIATIONS	FREQ	UENCY
		CRAZY	Total	2
Buang	Cebuano •	Buang - crazy = a form of joke = can be used as a joke	1	
	•	Nabuang - more serious = already a form of mental disorder	1	
		ISOLATING	Total	2
Sarili	Tagalog •	Nagsasarili - isolating oneself. It can either be that a person is a loner/introvert, in which case they may chose to isolate themselves socially - this is normal. Howev someone can also be isolated socially even not by choice - this could be due to a ment disorder.	if	

(Cont. Table 4)

ROOT/ CONCEPT	LANGUAGE	DEFINITIONS AND VARIATIONS	FREQ	UENC
Nagpalahi	Cebuano •	Nagpalahi - try to isolate intentionally. Not joining as an attempt to be different, i.e., attention seeking = nagsasarili (the motivation behind the usage of the two terms is different nagsasarili is intentional but doesn't have the connotation of attention seeking)	ent -	
		FORGETFUL	Total	20
Lumipad ang utak	Tagalog •	Lumilipad ang utak - "brain is flying" = English idiom "out to lunch"	1	
Limot	•	Dali nga makalimot - forgetful person = mild pattern of forgetfulness	1	
	•	Makakalimutin - abnormal but not really that serious = forgetful	5	
	•	Makalimutin - the same (variation)	4	
	•	Malimutin - forgetful	1	
	•	Pagiging makalimutin = act or state of being forgetful	1	
Limtanon	Cebuano •	Kalimtanon = dali nga makalimot (Tagalog) = forgetful	1	
	•	Limtanon; kalimtanon	1	
	•	Kalimutanon = forgetful	1	
	•	Malimtanon = forgetful	1	
Bungaw	•	Bungaw - madaling makalimot (Tagalog) = it can be describing a mental disorder (normal to madaling makalimot)	1	
Managlip-		(normal to madaling makalimot)		
lipat	Ilocano •	Managliplipat - forgetful person	1	
Malipaton	Ilonggo •	Malipaton - forgetful	1	
		CONFUSED	Total	2
Tuliro	Tagalog •	Tuliro = seriously confused = there is a sense of panic (many things going on) - harassed-rattled	1	
Taranta	•	Natataranta - very similar to tuliro = panicky, i.e., won't be aware of what's going on when panicking. Therefore relevant to amnesia (differs in intensity and frequency) = anxiety more than forgetfulness.	1	

(Cont. Table 4)

ROOT/ CONCEPT	LANGUAGE	DEFINITIONS AND VARIATIONS	FREQ	UENCY
		DIFFERENT FOCUS	Total	1
lba ang focus	Tagalog •	lba ang focus - different focus	1	
		SENILE	Total	17
Ulyanin	Tagalog •	Baka ulyanin = maybe senile Ulyanin = senile Naging ulyanin = become senile	1 12 1	
Kabaw	Ilocano •	Kabaw - root word of agkabaw Agkabaw = ulyanin = senile (in a joking wa	1	
Ulianun	Chavacano •	Ulianun = ulyanin	1	
		OLD	Total	2
Tanda	Tagalog •	Para lang sa matatanda = only for older people, i.e., only older people could experience these things. Matanda = adult person or old person	2	
		LOST TO ONESELF	Total	3
Wala sa sarili	Tagalog •	Mawala sa sarili = acting like not himself or change of identity = not being there = "it's not me" = I wasn't myself (it's stronge	,	
	•	Nawawala sa sarili = not himself = lost to oneself. Wala sa sarili = act of being lost to oneself	2	

Table 5. Responses to Question 5 of Additional Interview Questions (Depersonalization)

If university students told you that they frequently felt as though they were observing themselves from a point outside of their body, or a part of their body felt disconnected from the rest of their body, how would you react? (n=60)

Category	Frequency	
Normal	2 (3%)	
Ask about experiences	8 (13%)	
Disbelief/shock/surprise	8 (13%)	
Weird/unusual	16 (27%)	
Psychological problem/stress	17 (28%)	
Multiple personality	3 (5%)	
Medical condition	2 (3%)	
Don't know/unclassifiable/no answer	4 (7%)	

Table 6. Responses to Question 7 of Additional Interview Questions (Depersonalization)

Would you consider these experiences normal or abnormal (i.e., observing themselves from a point outside of their body, or part of their body felt disconnected from the rest of their body)? (n = 60)

Category	Freq	uency	
Normal	6	(10%)	
Abnormal	41	(68%)	
Both normal and abnormal	7	(12%)	
Don't know/no answer	6	(10%)	

Table 7. Terms for Depersonalization in Filipino Languages

Are there any terms in your language that describe such experiences (i.e., observing themselves from a point outside of their body, or part of their body felt disconnected from the rest of their body)?

ROOT/ CONCEPT	LANGUAGE	DEFINITIONS AND VARIATIONS	FREQUENCY
		CRAZY	Total 10
Baliw	Tagalog	• Baliw = crazy	2
Loka-loka		 Loka-loka = crazy (joking) 	1
Maluwang ang turnilyo		 Maluwang ang turnilyo = screws are loose 	1
May tililing		 May tililing = crazy 	1
Nasiraan ng uk	0	 Sira ang ulo = broken head = crazy (variation) = head out of order; nasisiraan ng ulo = seve crazy (not that specific) 	2 ere
Wala sa sarili		 Nawawala sa sarili = crazy because he/she is able to see two people (use for amnesia and depersonalization) 	1
Nabuang	Cebuano	 Nabuang = become crazy 	1
Buangit	llonggo	 Buanggit = you're a fool = 	1
		crazy (less intense)	
		DYING FROM A BAD DREAM	Total 1
Bangungot	Tagalog	Bangungot = dying from a bad dream or a nightmare unles awakened (during sleep) = i.e., when someone makes growsounds during sleep maybe the suffering from bangungot	aning
		YOU ARE NOT ALONE	Total 1
Hindi ka mag-isa	Tagalog	 Hindi ka nag-iisa = you are not alone, i.e., DID? 	1
			T-1-1-4
		WEIRD	Total 1
Iba	Tagalog	 Kakaiba = weird = unusual (ger 	neral) 1
		MIND IS FLYING	Total 1
Lumipad ang isip	Tagalog	 Lumilipad ang isip = "the mind is flying" = astral travel = related to personalization, mind is somewhere else 	1

Table 8. Responses to Question 8 of Additional Interview Questions (Derealization)

In your opinion, how common is it for someone your age to be unable to recognize close friends, or to feel puzzled about what is real and unreal in his/her surroundings? (n = 60)

Category	Frequency
Common	3 (5%)
Common (40 - 70 %)	4 (7%)
Uncommon	28 (47%)
Uncommon (1% - 30%)	22 (37%)
Don't know	3 (5%)

Table 9. Terms for Derealization in Filipino Languages

Are there any terms in your language that describe such experiences (i.e., being unable to recognize close friends, or feeling puzzled about what is real and unreal in their surroundings)?

ROOT/ CONCEPT	LANGUAGE	DEFINITIONS AND VARIATIONS	FREQUENCY
		CRAZY	Total 5
Loko-loko	Tagalog	 Loko-loko = crazy 	3
Sira-ulo		 Siraulo = crazy 	1
Nabuang	Cebuano	 Nabuang = become crazy 	1
		OLD ALREADY	Total 3
Tanda	Tagalog	 Matanda ka na = 	1
		you are already old	
Maas na ikaw	Cebuano	 Maas na ikaw = matanda na 	1
		(Tagalog) = old already	
Magang na kaw		 Magang na kaw = matanda 	ka na 1
		(Tagalog) = old already	
		SENILE	Total 1
Ulyanin	Tagalog	Ulyanin - senile	1
		FORGETFUL	Total 1
Limot	Tagalog	Makakalimutin = forgetful	1

(Cont. Table 9)

ROOT/ CONCEPT	LANGUAGE	DEFINITIONS AND VARIATIONS	FREQUENCY
Masyadong mag-isip	Tagalog	 THINKING TOO MUCH Masyadong nag-iisip = thinking too much = over pre-occupied 	Total 1
Wala sa sarili	Tagalog	LOST TO ONESELF Medyo wala sa sarili = somewhat lost to oneself Nawawala sa sarili = not himself = lost to oneself; wala sa sarili = act of being lost to oneself	Total 2 1
Gulo	Tagalog	Naguguluhan = confused = disorderly = natutuliro = bothered	Total 1
Nanaginip ng gising	Tagalog	Nanaginip ng gising = day dreaming	Total 1
Nasiraan ng bait	Tagalog	Nasiraan ng bait = "loss of the head/mind" = nasiraan ng ulo = loss of consciousness altered state of consciousnes	=
Wala sa sariling pag-iisip	Tagalog	NOT IN HIS OWN THINKING Nawawala sa sariling pag-iis not in his own thinking = not in his right mind	Total 2 sip = 1
		Wala sa sariling pag-iisip = not in right mind - if not in your right mind, it affects your perception of other people and the environment	1 ur
Siguro nasa ibang mundo ka	Tagalog	OUT OF THIS WORLD Siguro nasa ibang mundo ka out of this world	Total 1 = 1

Table 10. Responses to Question 10 of Additional Interview Questions (Identity Confusion)

To what degree do you think your classmates feel as though there is a struggle inside of them about who they really are? (n = 60)

	Category	Fr	equency
Ra	arely/uncommon	6	(10%)
0 -	- 30%	11	(18%)
30	% - 60%	15	(25%)
60	% - 95%	13	(22%)
Co	ommon	9	(15%)
No	ot sure	5	(8%)
No	answer	1	(2%)

Table 11. Terms for Identity Confusion in Filipino Languages

Are there any terms in your language that describe such a struggle (i.e., the struggle inside of them about who they really are)?

ROOT/ CONCEPT	LANGUAGE	DEFINITIONS AND VARIATIONS	FREQUENCY
		CRAZY	Total 4
Loko	Tagalog	 Naloloko = crazy 	1
Nasiraan ng ulo		 Nasisiraan ng ulo = crazy 	2
Buang	Cebuano	• Buang = crazy	1
	NO	T SURE OF WHO SHE/HE IS	Total 4
Di sigurado sa sarili Di sigurado	Tagalog	 Di sigurado sa sarili = not surabout him/herself = not sure who he/she is Di sigurado = not sure = lack confidence (more of self-confidence than identity disorit could still refer to identity disorder but not totally that = nalilito = confused but in confidence of self 	of 1 order) =
Maghanap ng sarili		 Naghahanap ng sarili = looking for self 	1
Wala kaila sa iyang kaugalingon	Cebuano	 Wala kaila sa iyang kaugaling doesn't know the real self = (kaugalingon = self/identity) 	gon = 1

(Cont. Table 11)

ROOT/ CONCEPT	LANGUAGE	DEFINITIONS AND VARIATIONS	FREQUENC
		ATTENTION IS DIVIDED	Total 2
Hati ang attention nila/Wala sa sarili	Tagalog	Hati ang attention nila - loob at labas = hati = divided = their attention is divided inside and outside (internal and external) perception inside and the surroundings do not jive. Medy wala sa sarili = I am not sure vala sa sarili = I am not sure vala moding and I don't know wham doing it. "My attention is divibetween my internal world and what is happening externally." "There is a conflict between what I am doing and who I am Results in lack of focus	vo what ny I ided d
Hindi focused sa ginagawa nila		 Hindi focus sa ginagawa nila= not focused on what they are doing 	1
		NOT IN HIS/HER RIGHT MIND	Total 1
Medyo wala sa sariling pag-iisip	Tagalog	 Medyo wala sa sariling pag-iisi somewhat not in his/her right r 	•
		CONFUSED	Total 4
Gulo	Tagalog	 Naguguluhan = confused about something = internal conflict = pressure resulting from confusion = internal chac 	
Lito Nagamuhan	llonggo	 Nalilito = confused Nagamuhan = nalilito (Tagalog) confused, disturbed, internal conflict 	2 = 1
		REBELLING	Total 1
Wala	Tagalog	Nagwawala = rebelling = out of control = internal rebellion = wanting to be set free or bread loose = going wild	1 K
		BI-SEXUAL	Total 1

Table 12. Responses to Question 12 of Additional Interview Questions (Identity Alteration)

If a dorm mate told you that he/she sometimes felt as though he/she were a young child, or that he/she felt like a different person, would you see that as normal? (n = 60)

Ca	ategory	Free	quency
Ab	normal	11	(18%)
No	ormal	35	(58%)
De	epends on degree	2	(3%)
De	epends on the reason	8	(13%)
Do	on't know/uncertain	4	(7%)

Table 13. Responses to Question 13 of Additional Interview Questions (Identity Alteration)

What if his/her voice sounds different when he/she feels this way (i.e., felt like a different person)? (n = 60)

Category	Freq	uency
Normal	10	(17%)
Abnormal	11	(18%)
Multiple personality	5	(8%)
Psychological problem	6	(10%)
Weird/unusual	11	(18%)
Possessed	12	(20%)
Expressing emotions	5	(8%)

Table 14. Responses to Question 14 of Additional Interview Questions (Identity Alteration)

How common do you think it is for someone your age to hear voices in his/her head, dialoguing together? (n = 60)

Category	Freque	ency
Abnormal	2	(3%)
Uncommon	20	(33%)
Uncommon (up to 40 %)	15	(25%)
Common (40 - 90%)	11	(18%)
Common	9	(15%)
No answer/don't know	3	(5%)

Table 15. Responses to Question 15 of Additional Interview Questions (Identity Alteration)

What would you think of a dorm mate that talked about feeling possessed? (n = 60)

Category	Fre	equency
Normal	3	(5%)
Not real	6	(10%)
Abnormal	7	(12%)
Psychological problem	7	(12%)
Weird	10	(17%)
Frightening	7	(12%)
Possessed	6	(10%)
Spiritual problem/combination of spiritual and psychological problem	9	(15%)
Don't know/not sure/no answer	5	(8%)

Table 16. Responses to Question 16 of Additional Interview Questions (Identity Alteration)

What if he/she refers to himself/herself by a different name when he/she feels possessed? How would you react? (n = 60)

Category	Frequency
Normal	2 (3%)
Abnormal	5 (8%)
Psychological problem	10 (17%)
Multiple personality	2 (3%)
Weird/unusual	9 (15%)
Scared/shocked	25 (42%)
Possessed	3 (5%)
Don't know/unsure/no answer	4 (7%)

Table 17. Responses to Question 18 of Additional Interview Questions (Identity Alteration)

Do you believe in spirits (e.g., "duende," "dwarfs," etc.)? $(\it n=60)$

Category	Frequency
Yes	23 (38%)
Partially	8 (13%)
No	24 (40%)
Don't know/unsure	5 (8%)

Table 18. Terms for Identity Alteration in Filipino Languages

Are there terms in your language that describe such possession experiences?

Are there terms in your language that describe such possession experiences?					
ROOT/ CONCEPT	LANGUAGE	DEFINITIONS AND FI VARIATIONS	REQUE	NCY	
		SLAVE	Total	1	
Alipin	Tagalog	 Alipin = slave (slave to whoever 	1		
		possessed them) = someone is			
		controlling the body			
	HUMAN B	EING POSSESSED BY BAD SPIRIT	Total	1	
Aswang	Tagalog	 Aswang, common in Siquijor = human 	1		
		being possessed by bad spirit (vampire)			
		CRAZY	Total	6	
Baliw	Tagalog	Baliw = crazy	1		
		 Nababaliw = crazy 	1		
Loka		Naloloka = crazy	1		
Masiraan	ng ulo	 Nasisiraan ng ulo = to go crazy 	1		
Buang	Cebuano	Nabubuang = crazy	2		
		POSSESSED	Total	28	
Sanib	Tagalog	 Sinaniban/sinasaniban = possessed 	4		
		 Nasaniban = possessed (could be positive 	e, 6		
		e.g., Mary, or negative)			
		 Nasasaniban = being possessed (could b 	e 1		
		positive, e.g., Mary, or negative)			
Sapi		 Sinasapian = possess; sinapian = posses 			
		Nasapian = evil spirit	4		
Nasudlan	Cebuano	Nasudlan ug demonyo =	1		
		possessed by a demon	1		
		 Nasudlan ug ungo = possessed by the aswang 	1		
Nayawaar	1	 Nayawaan = possessed by the devil 	1		
-		Ginasudlan = possessed	1		
	an Bicolano	•	1		
		possessed	•		
Saib	Ilocano	• Saib = possessed	1		

(Cont. Table 18)

ROOT/ CONCEPT	LANGUAGE	DEFINITIONS AND F VARIATIONS	REQUE	NCY
		SUPERNATURAL BEINGS /HO CAN CONTROL A PERSON	Total	5
Inkanto	Tagalog •	Inkanto = supernatural beings who can influence the person, e.g., make you sick insane, beautiful (dwarfs, elfs) - can be positive or negative	1	
	•	Naengkanto = controlled by supernatural being	1	
Maligno	•	Namamaligno = inkanto = being controlled by supernatural being - negative connotation = same as Visayan aswang	1	
Tanda	•	Namamatanda = (matanda = small superr being) = controlled by an old man	atural 1	
Kapre	•	Kapre - not the dwende but the kapre (not dwarfs but the big hairy guy) = being controlled.	1	
		MAKING SOMEONE KNOW THAT YOU ARE PRESENT	Total	1
Damdam	Tagalog •	Nagpaparamdam = making someone known that you are present (spirit of the person is making their spirit known)		
		LOST TO ONESELF	Total	2
Wala sa sarili	Tagalog •	Nawawala sa sarili = lost to self Karaniwang wala sa kanilang sarili = usually not themselves (e.g., going wild and speaking in different voices)	1	

Table 19. Responses to Question 19 of Additional Interview Questions (Associated Features of Identity Disturbance)

How normal do you think it is for a university freshman to have rapid mood changes without any reason? (n = 60)

Categ	ory Fr	requency
Abnor	mal/uncommon 29	9 (48%)
Norma	1 2	1 (35%)
Norma	l for girls	5 (8%)
Unclas	ssified	3 (5 %)
Don't	know/no answer	2 (3%)

Table 20. Terms for an Aspect of Identity Disturbance in Filipino Languages

Is there a term that describes this experience in your language (i.e., rapid mood changes without any reason)?

ROOT/ CONCEPT	LANGUAGE	DEFINITIONS AND VARIATIONS	FREQUENCY
		MOODY	Total 12
Bigla- biglang magalit	Tagalog	Bigla-biglang magalit = sudden loss of temper = sudden change of mood	1
Biglang magbago	,	Biglang nagbago = sudden change	1
Mahal		Mahal-mahalan - very moody	1
Sumpong		Sumpungin = moody	2
Topak	,	Topakin = moody (other context = it's mild craziness)	1
Toyo		Toyoin = moody	1
Kalit	Cebuano	Kalit-kalit = bigla-bigla (Tagalog) = sudden	1
	,	Mug-kalit man lang ka = pabigla-bigla = sudden changing = unpredictable	1
	,	 Nanag-o kalit ang feelings - nanag-o = change = sudden change of feelings 	1
Alabuton	llonggo	• Alabuton = sumpungin (Tagalog) = moody	1
Magmalor	n Kapam- pangan	 Magmalon = rapid change ng mood; mahirap pakisamahan; bigla bigla magalit 	1

(Cont. Table 20)

ROOT/ CONCEPT	LANGUAGE	DEFINITIONS AND VARIATIONS	FREQ	UENC
		SENSITIVE	Total	3
Balat sibuyas	Tagalog	Balat-sibuyas = onion skinned = sensitive	1	
Tampo		 Matampuhin = sensitive 	1	
Hawatil		Hawatil = onion skinned - sensitive	1	
		HOTTEMPERED	Total	2
Mainitin ang ulo	Tagalog	 Mainitin ang ulo = hot headed/hot tempered 	1	
In-aabot na naman	Bicol	 In-aabot na naman = mainitin ulo (Tagalog) = hot tempered 	= 1	
		IRRITABLE/TEMPERAMENTAL	Total	4
Sungit	Tagalog	Masungit = cranky	2	
Bugnot		Bugnutin = temperamental	1	
Gidugo ka na	Cebuano	 Gidugo ka na = having your period (irritable - sarcastic joke) 	1	
		DIFFICULT TO GET ALONG WITH	Total	1
Mahirap pakisamal	Tagalog han	 Mahirap pakisamahan = difficult to get along with 	1	
		POSSESSED	Total	2
Sapi	Tagalog	Nasapian = possessedSinasapian = being possessed	2	
		CHARACTER CHANGE	Total	1
Pagbabago Tagalog • ng ugali		Pagbabago ng ugali = character change	1	